



EN

WKB009  
Instruction Manual  
WE-2022-WKB009-1

# PRESSOTHERAPY + THERMOTHERAPY + ELECTROSTIMULATION

## WARNING

• Never under any circumstances attempt to open or inspect the internal components or accessories of the machine. If an inspection becomes necessary, please contact your supplier or a suitably competent technician.

• Never use the unit in humid or poorly ventilated environments, such as wet rooms, bathrooms, etc. to prevent damage to the electrical components of your unit.

• Never use the unit outdoors; exposure to the elements can cause damage.

• If the power cord was destroyed, please ask a professional to service and replace it to avoid hazards, or contact the dealer for service.

• Do not use on pregnant women, on people with pace-makers (any electrical or rhythmic heart-regulating device) or with skin infections.


## EC-DECLARATION OF COMPLIANCE

This product meets the following requirements:

1. Conditions set out in the Low Voltage Directive: 2014/35/EU

2. Conditions set out in the Electromagnetic Compatibility Directive: 2014/30/EU

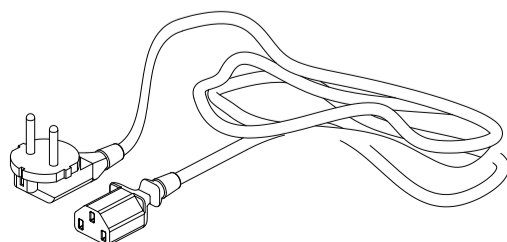
## RECYCLING

 Whenever any of our electrical products or their presentation packaging bear this symbol, it means that these products should not be treated as conventional household waste in Europe. To ensure proper treatment of this waste, dispose of it in accordance with local laws or as required for the disposal of electrical equipment. This initiative will help preserve save natural resources and improve standards of environmental protection in regard to the treatment of electrical waste.

## WELCOME!

Thank you very much for purchase. Please read the instructions carefully before operating the instrument. You can also ask a professional for guidance to make sure you are using the instrument correctly. We will accept no responsibility for any accidents that occur due to incorrect operation.

The company reserves the right to amend the details of the instruments with no prior notice. If any mistakes are found in these instructions, please feel free to send us an e-mail informing us so that we can correct them.



## PACKAGE CONTENTS

• These components are subject to change without prior notice.

• Appearance of product may differ from the image.

No.	PRODUCT	REF.	CANT.
1	RIGHT LEG	-	1
2	LEFT LEG	-	1
3	RIGHT ARM	-	1
4	LEFT ARM	-	1
5	RIGHT FOOT	-	1
6	RIGHT FOOT	-	1
7	WAIST	-	1
8	CABLE BLANKET	-	1
9	TUBES	-	1
10	BIG ELECTRODES	-	10
11	SMALL ELECTRODES	-	10
12	CABLES WITH 10 OUT-PUT CONNECTORS	-	2
13	ELASTIC BELTS WITH VELCRO	-	20
14	MAIN UNIT	-	1
15	POWER CORD	-	1

## INSTRUCTIONS OF USE

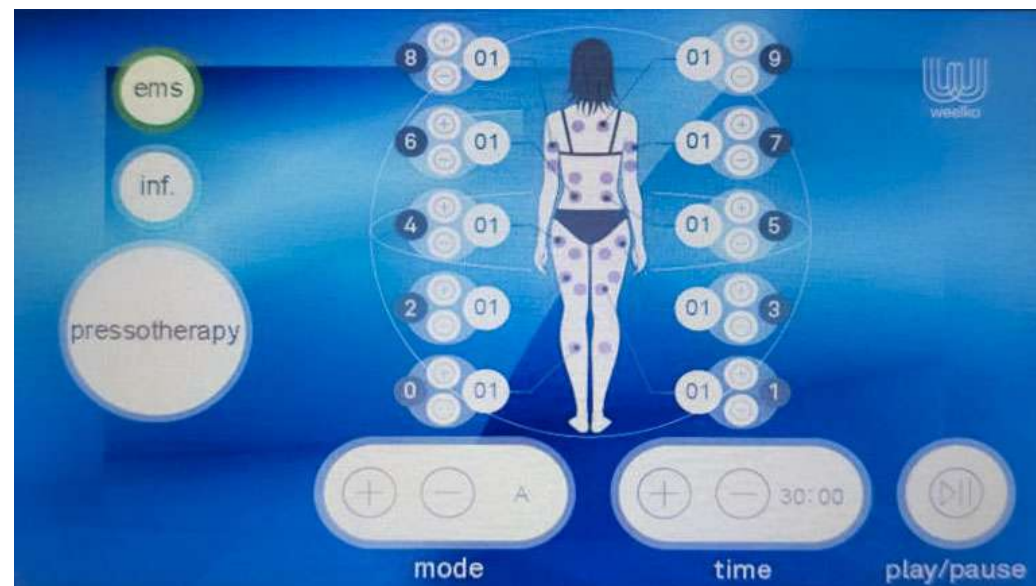
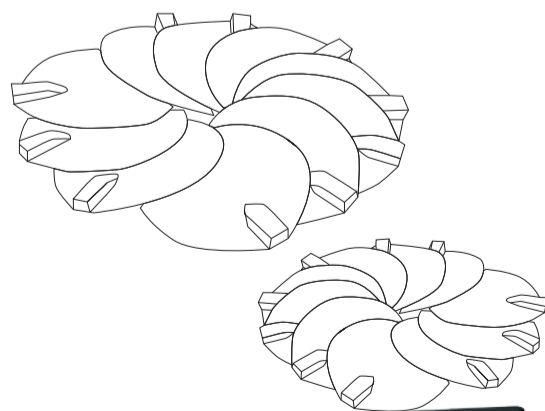
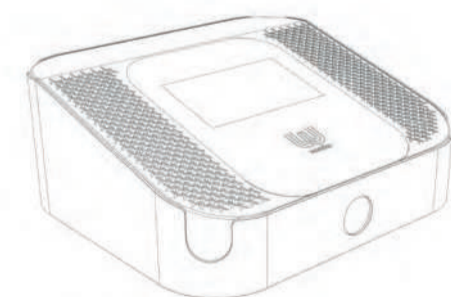
1. Connect the power cord via the rear panel.

2. Connect the tubes properly to the rear panel. The bigger plug is for pressotherapy cables. Thermotherapy goes connected to the Inf plug. Also connect the cables of the EMS electrodes properly to the rear panel. Connector with cables from 5 to 9 is to be plugged on the left and from 0 to 4 to be plugged on the right.

3. Place the blanket with the cables on a flat surface so that the patient can lay down on it. Cover the blanket with disposable paper to ensure the best hygienic conditions.

4. Wrap the suit around the user's body. Remember to use a disposable garment underneath the pressotherapy suit.

5. For the EMS electrodes, clean the skin with some alcohol before placing the electrodes. Place them on the desired



areas: small electrodes are for small areas such as arms, abdomen and shoulders and big ones for legs and back. The red cable is the positive pole and has to be placed on the motor point or the muscle belly. The black cable will be the negative pole and will be placed on the electrode close to the muscle insertion. Use conductive gel on the electrode before placing them in contact with the skin. Use the elastic belts to hold the electrodes in touch with the skin.

6. Turn on the power button on the front panel and click on Weelko logo to select the desired menus.

7. Select "pressotherapy" for pressotherapy treatments, "far infrared" for thermotherapy treatments and "EMS" for electrostimulation treatments.

8. . In the pressotherapy function, the "MODE" menu allows you to choose between four programs. It is recommended to start with C and to select the other programs depending on patient's needs.

• Mode A fills with air sections from 0 to 9. Section 0 is deflated when section 1 is inflated. Section 1 is deflated when section 2 is inflated and so on from one section to another. At the end of the program, sections from 0 to 9 are inflated at the same time and the program starts again.

• Mode B fills with air sections from 0 to 9. Section 0 is deflated when section 2 is inflated. Section 1 is deflated when section 3 is inflated and so on from one side to another. At the end of the program, sections from 0 to 9 are inflated at the same time and the program starts again.

• Mode C fills with air sections from 0 to 9. First section 0 is inflated, then section 1, later section 2 and so on through all sections. At the end, the program starts again from section 0.

• Mode D fills with air the three sections at the same time: legs, abdomen and arms from bottom to top.

If you don't want to use a concrete mode, the device allows to choose sections separately and to adjust the inflation intensity of each section. You just need to press the area you want to treat and adjust its intensity by using the buttons "+" and "-".

9. The "LEVEL" menu allows to adjust 3 inflation intensity levels. The "TIME" menu allows to adjust the treatment time. The default duration is 30 minutes.

10. In the thermotherapy function, the device is equipped with 5 treatment sections. Temperature can be adjusted separately in each section. The "TIME" menu is used to adjust the treatment time. The default duration is 30 minutes.

11. For the electrostimulation function, the "MODE" menu allows choosing the working frequency for the electrostimulation in 4 programs A, B, C and D. The "LEVEL" menu allows adjusting intensity independently on each electrode from 1 to 15. The red cable is the positive pole to be placed on the motor point or the muscle belly. The black cable is the negative pole to be placed on the electrode close to the muscle insertion.

12. Press "PLAY/PAUSE" to begin or pause the treatment.

## ACCESSORIES

REF.	DESCRIPCIÓN
-	EMS BIG ELECTRODES
-	EMS SMALL ELECTRODES
-	EMS CABLE
-	EMS ELASTIC BELTS
-	RIGHT LEG
-	LEFT LEG
-	RIGHT ARM
-	LEFT ARM
-	RIGHT FOOT
-	RIGHT FOOT
-	WAIST
-	TUBES

## TECHNICAL SHEET

Weights and sizes	Packing size (cm)	52x45x23
	Gross weight (Kg)	8
	Product size (cm)	38x34x15
Working characteristics	Working power	15 W
	Air flow	0/40 L/min
	Air pressure	0/0.4Kg/cm <sup>2</sup>
	Air press pulse	0-15 s
	Air channels	10 (20 bags)
	Max. temperature	50°C
	Working frequency EMS	10-40Hz
	Pulsed microcurrent EMS	50mA
Electrical characteristics	Rated voltage	220V ~ 240V
	Frequency	50Hz/60Hz
	Rated power	280 W

## CAUTIONS

• Be careful not to wrap the suit too tight, to avoid hurting the users when the air is too strong.

• If the surface of the blanket is broken or damaged, please replace it with a new blanket to prevent accidental skin burns or electric shocks.

• During the treatment, check with the patient if the temperature in case of Thermotherapy and current in case of EMS is appropriate.

• It is recommended for the patient to drink plenty of water before and after treatment to avoid dehydration and heatstroke.

• Use a cellulose protector underneath the pressotherapy suit to ensure the best hygienic conditions.

• Never leave the suit heating with nobody inside.

• In case of EMS make sure the current is at the minimum intensity before pressing on PLAY and increase intensity very progressively.

• Do not remove the electrodes from the skin before turning the machine completely off.

## MAINTENANCE

• Connect and disconnect the tubes and electrodes carefully to extend the product lifetime. However, this device is supplied with a blanket to store the cables so that they are all connected and disconnected at the same time. Only the general power cord at the rear part of the device should be connected and disconnected.

• After use, clean the suit with a wet cloth. Also the electrodes with a wet cloth and some disinfecting product.

• After a thermotherapy treatment, open the suit to remove stored heat during the treatment.